



Schedule a **Wellness Conversation** Today.

Call **210.616.0885**

Monday – Friday, 9 a.m. - 5 p.m.

MEET WITH A COUNSELOR FROM THE COMFORT OF YOUR HOME.

- Telephone sessions are proven to be as effective as in-person counseling.
- All you need is access to a phone.
- Please be prepared to share your contact info.
- No out-of-pocket costs at this time.

The Center will continue to meet your needs during this time.

We are all in this together!

Effective 3/24/2020 - 6/15/2020

HEADQUARTERS

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